



35th CHRISTMAS CRACKER 10K - 11:00am SUNDAY 10th DECEMBER 2023

Thank you for entering the 35th Christmas Cracker 10k

PLEASE READ ME TO THE END!

RACE NUMBER: This year we are issuing all race numbers on the day from Race HQ at Weston College, which is open from 08:30. Please see the table below for guidance on where to go to collect your number and make sure that you allow yourself plenty of time to get to the start by 11:00.

Surname	Room	Floor
A – D	Guidance Suite	Ground
E – L	Community Room	Ground
M – R	403	4 th
S – Z	404	4 th
Junior Race	211	2 nd



RACE CHARITY: The main charity will again be Weston Hospicecare which Weston Athletic Club has been supporting for over 16 years.

You can find more information about the valuable work the Hospice does by visiting www.westonhospicecare.org.uk or you can make a donation by visiting www.justgiving.com/weston/donate.

PARKING: There is **NO** parking available at Weston College itself, but there are several pay car parks close by including: Grove Park, Locking Road and Melrose, as well as the multi-storeys at the Sovereign Centre, Carlton Street and the High Street NCP. Please avoid parking on the local streets.

Race HQ – Weston College Facilities
8th Floor Male only showers & toilets
7th Floor Female only changing & showers, female bag store, female toilets
6th Floor Female toilets
5th Floor Male toilets
4th Floor Male changing, male bag store, male toilets – surnames M to Z
2nd Floor Male and female toilets, café – junior race numbers
Ground Floor Toilets, race information desk, lift in foyer to 2nd floor only, lifts by main stairs to floors 2 to 7 – surnames A to L

BAGGAGE STORAGE: A label is attached to your race number. Please affix this carefully and visibly to your kit bag. After the race you will need your race number to retrieve your kit, which is stored at owner's risk.

Timetable of Events
08:30 Weston College opens
09:30 Start of Mini Cracker ages 11 to 16 (secondary school)
10:00 Start of Mini Cracker ages 4 to 11 (primary school)
10:30 Judging of the solo and group fancy dress, by the Grand Pier
10:40 Start walking towards the race start if you have not already done so!
11:00 START OF THE 10k RACE, by the Grand Pier

RACE NUMBER AND TIMING CHIP: The number contains your timing chip and must be collected from Race HQ at the College as advised above.

Runners must wear their own number on the FRONT of their vest/fancy dress costume. The number must not be cut, folded or otherwise reduced and anyone found running with an altered or unofficial number may be disqualified. Please write on the back of the race number emergency contact details and any medical condition or allergies.

IMPORTANT: Please attach the timing chip to your running shoe as instructed.

TOILETS: The public toilets along the seafront now charge 20p. Please come prepared with 20p coins if you think you may need to use toilets whilst out on the course.

FANCY DRESS: A big part of what makes the Cracker such a fun race is the fancy dress which all runners are encouraged to wear. Fancy dress judging for both groups and solos will take place close to the start, near the Grand Pier, at 10:30am.

PLEASE DO NOT WEAR OR ATTACH TINSEL TO YOUR COSTUME – IT HAS A HABIT OF BECOMING DETACHED AND LITTERING THE COURSE – THANK YOU

THE START: By the Grand Pier at 11:00am PROMPT!! Please allow at least 20 minutes to walk from the College to the start.

THE ROUTE: See below for an illustration of the race route. The course is an approximate, flat 10k, on a mixture of sand and tarmac surfaces. Owing to the multi-terrain nature of the course, we regret that it is considered unsuitable for wheelchairs. The route is well marshalled and signed with kilometre markers.

YOUR SAFETY: There is a first aid post at the finish and a first aid vehicle will be following runners to pick up anyone who has to withdraw for medical reasons. An additional ambulance is on standby. It can be very windy and cold on the beach before the start so please make sure you are appropriately dressed, as there may be some waiting time. For your own safety please follow any directions given by the marshals and always keep to the left-hand side of the road.

WATER: We will not be providing water during the race. If you feel that you will need water you should carry your own bottle. Please ensure that you dispose of any used bottles responsibly.

THE FINISH: Please walk quickly through the finish area so as not to hinder other runners. Water will be available on tables along the beach past the finish area.

T-SHIRT: These are available next to the water tables by the exit slip opposite the Cabot bars.

MEDALS: We are providing medals for the Junior race this year.

RESULTS: Provisional results will be available as soon as you cross the finish line via the Split Second Timing website (www.splitsecondtiming.co.uk) or later on via the Weston AC website (www.westonac.co.uk).

PHOTOS: Photo-Fit.Net will once again be our race photographer. Register at (www.photo-fit.net) to receive your FREE photo in your inbox.

THANKS: Our thanks go to North Somerset Council, staff at Weston College, ETM Traffic Management and all those friends of the race who have so generously helped with the organisation.

Many thanks for supporting our event. The race organisers hope you will have a great run and enjoy the day – whatever the conditions!

RACE DAY CHECKLIST: Before you leave the house for the race please check that you have the following items:

- This race literature and course map
- Safety pins
- Running clothing and/or fancy dress
- Running shoes
- 20p coins if using the seafront toilets
- Money for car park & refreshments
- Spare clothes and shoes

TRANSFERS: Transfers must be completed online by the original entrant. Please log into your MyRaceNation account and follow the link explaining how to do this. Failure to complete the substitution process can really mess up the results and can put runner safety at risk (e.g. incorrect emergency contact details, known medical problems, allergies, etc.).

SOCIAL MEDIA: Why not 'like' us on Facebook (www.facebook.com/westonacchristmascracker). Here you can share your training progress, fancy dress pictures and race day experience with us and your fellow Cracker runners. You will also get notification of the race results and photos plus information about next year's Cracker 10k entries.

ROUTE MAP:

